



The Rosedale Centre

159 Roxborough Drive, Toronto, ON Phone: 416.924.0725

CREATIVE CORPORATE LEADERSHIP WORKSHOPS



Creative Corporate Leadership Workshops at The Rosedale Centre, Toronto

Bring your team to The Rosedale Centre for a hands-on creative experience led by communications executive, Canadian artist, and art therapy practitioner, Catherine Cameron. These professionally facilitated workshops combine leadership insight, guided dialogue, and creative exploration to support teamwork, and build trust, emotional intelligence, resilience, and meaningful connection within teams. No art experience is required.

What to expect

- A relaxed, hands-on painting session designed for professionals (collaborative and/or individual)
- Space to experiment, take creative risks, and think differently
- Guided reflection and conversation connecting the experience to work and leadership
- A shared team experience that feels both engaging and meaningful

Workshop themes

Each workshop is customized to organizational needs. Common themes include:

- Creativity as a Leadership Mindset
- Connected Leadership
- Leading with Vulnerability
- The Art of Risk-Taking
- Team Building
- Integrating Mindfulness
- Rest & Reconnection

Painting-only workshops are also available as a fun, engaging team-building experience — a welcome break from routine!

About the facilitator

Catherine Cameron is a communications executive and business leader with over 30 years of experience helping organizations build cultures grounded in trust, psychological safety, and authentic human connection. She has led award-winning teams, coached executives through high-stakes transformation, and supported organizations navigating complexity, crisis, and growth. Her work blends strategic insight with a deep understanding of leadership, team dynamics, and organizational change. Catherine's multidisciplinary background spans communications, psychology, DEIA, negotiation, conflict resolution, mediation, and trauma-informed methodologies. She is also a certified art therapy practitioner and professional artist, bringing a distinctive creative lens to leadership development that bridges logic and emotion, insight and imagination.

The Rosedale Centre offers:

✓ Fully accessible space ✓ Free nearby parking ✓ On-site kitchen & washrooms ✓ Catering options available

Custom two-hour, half-day, and full-day workshops available.

For more information or to book, please visit www.catherinecameronartist.ca